



# Spring Swiss AlpYoga Retreat with Sri Andrei Ram



Wednesday March 23rd to Sunday March 27th 2022  
at HOTEL BEAU SITE

Spend 5 days with Andrei Ram and experience the true purpose of yoga, the union of body and universal soul: Supreme Self-Realisation.

Through a masterful weaving of the physical and spiritual, of movement and knowledge, of listening and sharing, you will arrive at a fuller understanding and appreciation of all that yoga offers. Andrei will connect the practice of asana, the techniques of pranayama, the levels of meditation, the power of mantras, the understanding of the koshas and the astral bodies to allow you to ascend to greater self-realisation and enlightenment.

Hotel Beau-Site, Chemin, Valais Switzerland [www.chemin.ch](http://www.chemin.ch)

Single room CHF 2'300.–  
Double room CHF 1'300.–  
Multiple room CHF 900.–

Prices are per participant and include full board, housing and the teachings

Contact and Registrations  
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