

Kriya Yoga Retreat with Glenn Black

at Hotel Balance



Thursday 19th to Sunday 22nd of September 2019



Kriya Yoga Retreat with Glenn Black

at Hotel Balance

Thursday 19th to Sunday 22nd of September 2019

—

An Introduction to Kriya Practices

Join Glenn for a weekend retreat at the exquisite Hotel Balance. Glenn will guide you over the course of the weekend from basic to more advanced teachings that perfectly prepare you for Kriya Yoga.

The Hotel Balance provides the most conducive environment, with its pure food, air, water and natural local, to best practice these deeper yogic techniques

This weekend getaway will enrich and deepen your yoga practice and your life.



HOTEL BALANCE
Ch. du Dailley 3
1922 Les Granges
T. +41 27 761 15 22
hotel-balance.ch

—

The prices are per person in Swiss Francs
and include full board, housing and the teachings

Single room with private bathroom: 1'700.-
Single room with shared bathroom on the floor : 1'200.-
Double room with private bathroom : 1'000.-
Double room with shared bathroom on the floor : 800.-

—

Contact and Registrations

Alex Baechler
info@atayoga.com
+41 79 629 14 45
www.atayoga.com